

LINCOLNSHIRE & RUTLAND LAFs DISABILITY SUB GROUP

BID SUBMISSION FRAMEWORK DOCUMENT

2ND JULY 2015

1. INTRODUCTION

The Mid Lincolnshire LAF and the South Lincolnshire & Rutland LAF have a joint disability sub group. This submission has the approval of both LAFs. The disability sub group has been in existence for a number of years and has listened too and worked with a range of disability groups. We have worked on a variety of projects and in each case delivered a successful outcome. We have also provided advice to other LAFs in our Region and LAFs outside our Region on the projects we work on. This bid is for £4996.90 of funding. The matching funding displayed in the document is £5955.00 which is far in excess of the bid. This clearly shows the support for the bid. Whilst we do not hold a bank account one of our two Highway Authorities will hold the money if we are successful with the bid. All costs shown are exclusive of VAT as our Highway Authorities will reclaim any VAT that is paid.

2. SUB GROUP PROFILE

We come from a variety of backgrounds and bring a wide skill set to the sub group. All of us have worked with and helped people with disabilities. We feel very lucky to have two county councils who have assisted us with our aims to improve access to the countryside for the disabled.

3. OUR REQUIREMENTS

The summary of funding requirement and match funding is displayed in Appendix A. Below are the projects requiring funding via this bid:

3.1. Providing Dementia Friendly Walk Leader training to Alzheimer's Society volunteers

3.1.1. We have been successful in obtaining funding to provide Dementia Friendly walk leader training in 2013/14 financial year. The Lincolnshire Public Health Manager was invited to visit whilst the course was in progress. He recognized the importance and the quality of this training and provided the sub group with funding for an additional three courses. The last of these courses was completed June 2015. The sub group felt that more could be and needed to be done for Lincolnshire, as having 50 dementia friendly walk leaders in such a large County did not give us the coverage we desired. We were also concerned that we had not looked at what we could achieve in Rutland. We knew Rutland required a different model in order to deliver dementia friendly walks. There are not many walking for health schemes in Rutland and we did not think it we should ask for more from the walking for health walk leaders. After looking at a number of options and discussing our proposal with the Alzheimer's Society, we felt the best solution was to train a number of Alzheimer's Society volunteers to become dementia friendly walk leaders. We have

discussed this with the Lincolnshire Public Health Manager and he was very supportive of the proposal. He also offered further funding to enable the district councils additional Alzheimer's Society volunteers trained as dementia friendly walk leaders. We are expecting a minimum of three additional places funded by Lincolnshire County Council Public Health budget.

3.1.2. The proposal is for the walk co-ordinators to train the Alzheimer's Society volunteers in walk leadership skills and Dementia Adventure (our training partner for all our dementia friendly walk leader training), to train the volunteers to become dementia friendly walk leaders. Our initial training will be in the East Lindsey district of Lincolnshire. This district council's health walks are outsourced to Magna Vitae. Magna Vitae was one of the first to receive training in 2014. Their staff have become very experienced and knowledgeable in dementia, in a very short amount of time. They also go the extra mile in order to deliver an excellent service for people with dementia. A member of the sub group and the Alzheimer's Society will work with Magna Vitae to ensure success and learn from any issues prior to rolling this model out to Rutland and the other districts in Lincolnshire.

3.1.3. This project links to all three of NE Strategic aims.

3.1.4.

Funding for: Training 14 Lincolnshire Alzheimer's Society walk leaders
 Training 10 Rutland Alzheimer's Society walk leaders

Funding required: £1950.30

Match Funding: £2400.00

Expected outcome: Increase in the number of dementia friendly walks.

3.2. **Inclusive Countryside Access training**

3.2.1. The sub group previously had funding to deliver training to outside agencies on this subject. The external agencies included the Canal and River Trust and the Woodland Trust. Due to the success of this course one of the external bodies that attended the course has audited their site and will shortly be printing their Countryside For All route. Also due to the success of this course one of the Leicestershire districts used the same trainer to deliver the course to the majority of the Leicestershire districts. This financial year we are going to audit and create 4 new routes in countryside for all format and check and revise the 6 original routes created by Lincolnshire County Council. In order to do this we need some help measuring, auditing and surveying. To do this we intend to train the site owners/managers representatives. This will also assist these organizations to create countryside for all routes themselves.

3.2.2. This project links to all three of NE Strategic aims.

3.2.3.

Funding for: Training external organizations in creating countryside for all routes.

Funding required: £470.10

Match Funding: £2845.00

Expected outcome: 10 walks audited and route literature printed

Organisations trained produce further countryside for all routes.

3.3. Countryside for all routes

3.3.1. Rutland does not have many countryside routes suitable for disabled access. In order to change this we are having to encourage land owners who provide public access to improve accessibility. We have two sites where we are in discussion to improve access. Yew Tree Avenue is leased to and managed by the Forestry Commission. Another site we have identified as a suitable countryside for all route is managed by the Leicestershire and Rutland Wildlife Trust for the owner. The detail of the improvements required, are documented in the summary, in appendix A. Once these improvements have been made the site can be audited and countryside for all route literature produced for them. The Leicestershire and Rutland Wildlife Trust has already undertaken improvement work at Rutland Water Nature Reserve. The Trust has also audited the site to enable the countryside for all route literature to be produced.

3.3.2. This project links to all three of NE Strategic aims.

3.3.3.

Funding for: Site accessibility improvements and funding for countryside for all route literature design, artwork and printing.

Funding required: £2576.50

Match Funding: £710.00

Expected outcome: 3 more countryside for all routes for Rutland

More variety of walks for the disabled.

More disabled people and young families with pushchairs visiting the countryside

Route literature printed and available

This page is intentionally left blank